

STAND UP

MISSISSIPPI

AGAINST THE OPIOID CRISIS

LEARN. ACT. RECOVER.

IN THE U.S.:

Opioids (including prescription opioids, heroin and synthetic opioids) killed an estimated 93,000 people in 2020.



There was an increase of
20,000
opioid overdose deaths
in 2020 over 2019 - a
record-breaking high.

NEARLY

62%

OF OPIOID OVERDOSE
DEATHS INVOLVED

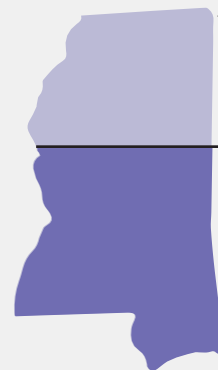
**SYNTHETIC
OPIOIDS.**



IN MISSISSIPPI:



In 2020, there were
enough dosage units of
opioids dispensed for every
man, woman and child
in Mississippi to have 41.7
dosage units.



There were

443



ESTIMATED OVERDOSE DEATHS
IN THE STATE IN 2020.

73% WERE FROM
OPIOIDS.*

**Provisional data from The Mississippi
Opioid and Heroin Data Collective*

WHAT CAN I DO?

PREVENT OPIOID DEATHS

- **Take charge of your health.** Educate yourself on prescription and synthetic opioids and the potential dangers of misuse.
- **Talk to your healthcare provider about alternative pain management options.**
- **Discuss the dangers of opioid misuse with your family,** especially children and young adults.
- **Practice safe storage** and dispose of unused prescription medication properly.
- **Avoid ANY** pills that are not prescribed to you. **One pill could be deadly.**

ASK ABOUT OPIOID TREATMENT OPTIONS.

Visit standupms.org/treatment or call the Mississippi Department of Mental Health Helpline 1.877.210.8513 to find a treatment center near you that may be able to provide the following services:

- Withdrawal management
- Inpatient treatment
- Outpatient treatment
- Recovery support
- Medication Assisted Treatment

RECOGNIZING AN OPIOID OVERDOSE

Learning the warning signs of overdose could save lives. However, it may be difficult to spot the symptoms.

SIGNS MAY INCLUDE THE FOLLOWING:

- Small, constricted “pinpoint pupils”
- Falling asleep or loss of consciousness
- Slow, shallow breathing
- Choking or gurgling sounds
- Limp body
- Pale, blue, grayish or ashen cold skin



**CALL 911 IMMEDIATELY
IF YOU SUSPECT
AN OVERDOSE.**

The Mississippi Medical Emergency Good Samaritan Act can provide immunity from arrest or prosecution for certain drug violations if you call for help for yourself or a friend who is experiencing a drug overdose.

GET HELP

BOLD. BRAVE. BETTER. TOGETHER.

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Visit StandUpMS.org to learn more

Stand Up, Mississippi is a statewide initiative to end the opioid crisis and inspire all Mississippians to work together to create a stronger and healthier future. Every person is part of the solution.

Each of us can make a difference today by standing up and speaking out.

