

STAND UP

MISSISSIPPI

AGAINST THE OPIOID CRISIS

LEARN. ACT. RECOVER.


IN THE U.S.:

Opioids (including prescription opioids, heroin, and fentanyl) **killed more than 49,000 people in 2017.**

APPROXIMATELY

134

PEOPLE DIE EVERY DAY FROM AN OPIOID OVERDOSE (that includes prescription opioids and heroin).



NEARLY **1 DEATH EVERY 7 MINUTES**



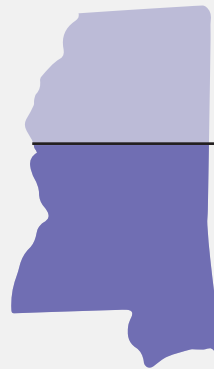
Nearly half of all opioid overdose deaths involve a prescription opioid.

IN MISSISSIPPI:



50

In 2018, there were enough dosage units of opioids dispensed for every man, woman, and child in Mississippi to have 50 dosage units, **ranking Mississippi 5th in the nation for per capita annual opioid prescriptions.**



There were

342



REPORTED OVERDOSE DEATHS IN THE STATE IN 2018.

62%

 WERE FROM OPIOIDS.

PREVENT OPIOID ADDICTION

WHAT CAN I DO?

- **Take charge of your health.** Educate yourself on opioids and the potential dangers of misuse.
- **Talk to your healthcare provider about alternative pain management options.**
- **Discuss the dangers of opioid misuse with your family,** especially children and young adults.
- **Practice safe storage** and dispose of unused prescription medication properly.

ASK ABOUT OPIOID TREATMENT OPTIONS.

Call the Mississippi Department of Mental Health Helpline **1.877.210.8513** to find a treatment center near you that may be able to provide the following services:

- **Withdrawal management**
- **Inpatient treatment**
- **Outpatient treatment**
- **Recovery support**
- **Medication assisted treatment**

RECOGNIZING AN OPIOID OVERDOSE

Learning the warning signs of overdose could save lives. However, it may be difficult to spot the symptoms.

SIGNS MAY INCLUDE THE FOLLOWING:

- Small, constricted “pinpoint pupils”
- Falling asleep or loss of consciousness
- Slow, shallow breathing
- Choking or gurgling sounds
- Limp body
- Pale, blue, or cold skin



**CALL 911 IMMEDIATELY
IF YOU SUSPECT
AN OVERDOSE.**

Mississippi’s Good Samaritan Law protects people from arrest when calling EMS for opioid overdose cases. Also, Naloxone, a medication that blocks or reverses the effects of opioids, is now available through local pharmacies without a prescription.

GET HELP / **BOLD. BRAVE. BETTER. TOGETHER.**

Help is available for substance use disorder.

Visit www.StandUpMS.org.

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Stand Up, Mississippi is a statewide initiative to end the opioid crisis and inspire all Mississippians to work together to create a stronger and healthier future. Every person is part of the solution.

Each of us can make a difference today by standing up and speaking out.

